

## Post Angiogram, Stenting and Atherectomy:

### Activity:

- You may resume your normal activities in 24 hours unless instructed otherwise.
- Do not drive for 24 hours
- Do not lift anything above 10 pounds for at least 24 hours.

### Medication:

- Resume all pre procedure medications
- You can take Tylenol every 6 hours for pain
- Begin taking Plavix the next day after discharge, if provided. If not provided and you still require a prescription, please call the office in am.
- Please drink plenty of water, to flush the dye from your system

### Diet:

- Resume your pre procedure diet.

### Dressing:

- Please remove the post procedure dressing the next day and you don't need to put anything on the area. Note: If a slight bleeding occurs you can hold pressure over the area for ten minutes and put another dressing on the area.

### Special Instructions:

- You may shower in 24 hours.
- Bruising and slight swelling are expected around the catheterization site, please do not be alarmed.
- Call our office if you have problems or questions.
- Apply pressure to with your hand if slight bleeding occurs (for ten minutes)
- Call for post op appointment within the next two weeks. We look forward to seeing you

### Call Immediately:

- If one or both of your feet become blue, cold or painful or if you begin experiencing extreme swelling.
- If you experience bleeding or increase swelling or a golf ball sized swelling at catheter puncture site. First apply pressure for 20 minutes with your fingers to stop bleeding. If bleeding continues hold the pressure and go to the nearest Emergency Room or call 911.

#### MAIN LOCATIONS

**Lutherville Office**  
1212 York Rd., Suite B201  
Lutherville, MD 21093  
410.825.4530  
F: 410.825.3787

**Woodholme Medical Center**  
1838 Greene Tree Rd., Suite 285  
Pikesville, MD 21208  
410.602.0777  
F: 410.602.2966

**Bel Air Office**  
21 Eastern Ave.  
Bel Air, MD 21014  
410.836.8667  
F: 410.836.8996

#### SATELLITE LOCATIONS

**Dundalk Office**  
7850 Eastern Ave.  
Balto, MD 21224  
443.376.5036  
F: 410.825.3787

**Eldersburg Office**  
6190 Georgetown Blvd.  
Eldersburg, MD 21784  
410.795.5122  
F: 410.602.2966