



Post Abdominal Aortic Aneurysm Repair Discharge Instructions:

Activity:

- You may resume your normal, you can go up steps and walk
- Please do not drive
- Be careful and please do not lift anything above 10 pounds for at least 4 weeks

Medication:

- Resume all previous pre procedure medications.
- You can take Pain medication every 6-hour for pain or as instructed
- You may take Baby Aspirin (enteric coated) every day

Diet:

- Resume your pre-procedure diet
- Please remember that pain medication can make you constipated, so please take over the counter stool softeners and drink fluids.

Dressing:

- Please remove the post procedure dressing. Please note, you do not need to put anything on the incision site.
- If slight bleeding occurs you can hold pressure over the area for ten minutes and put another dressing on the incision site. If the bleeding does not stop then call the office.

Special Instructions:

- You may shower; however please do not sit in the bathtub or swim.
- Bruising and slight swelling are expected around the incision.
- Call the office if your temperature is greater than 101.
- Call the office if you develop an open incision, have severe abdominal pain, black or bloody stool or excessive drainage from the wound.
- Call our office if you are experiencing problems or have questions.
- Call for follow up appointment, we look forward to seeing you within two weeks.

Call Immediately:

- If one or both feet become blue, cold, painful, or you experience extreme swelling.

www.mdvascularspecialists.com

MAIN LOCATIONS

Lutherville Office
1212 York Rd., Suite B201
Lutherville, MD 21093
410.825.4530
F: 410.825.3787

Woodholme Medical Center
1838 Greene Tree Rd., Suite 285
Pikesville, MD 21208
410.602.0777
F: 410.602.2966

Bel Air Office
21 Eastern Ave.
Bel Air, MD 21014
410.836.8667
F: 410.836.8996

SATELLITE LOCATIONS

Dundalk Office
7850 Eastern Ave.
Balto, MD 21224
443.376.5036
F: 410.825.3787

Eldersburg Office
6190 Georgetown Blvd.
Eldersburg, MD 21784
410.795.5122
F: 410.602.2966

