



Samer Saiedy MD  
Paul Zemankiewicz DO

Vascular & Endovascular Surgery

MAIN LOCATIONS

WWW.MDVASCULARSPECIALISTS.COM

SATELLITE LOCATIONS

Lutherville Office  
1212 York Rd., Suite B201  
Lutherville, MD 21093  
410.825.4530  
F: 410.825.3787

Woodholme Medical Center  
1838 Greene Tree Rd., Suite 285  
Pikesville, MD 21208  
410.602.0777  
F: 410.602.2966

Bel Air Office  
21 Eastern Ave.  
Bel Air, MD 21014  
410.836.8667  
F: 410.836.8996

Dundalk Office  
7850 Eastern Ave., Balto, MD 21224  
443.376.5036 • F: 410.825.3787

Eldersburg Office  
6190 Georgetown Blvd., Eldersburg, MD 21784  
410.795.5122 • F: 410.602.2966



## POST CAROTID ENDARTECOMTY INSTRUCTIONS:

### ACTIVITY:

- No driving or lifting over 10 pounds for at least 7 days
- You may shower the next day, please no swimming or baths
- Feel free to climb stairs and walk

### DIET:

- Please resume pre procedure diet

### MEDICATION:

- Resume pre procedure medication
- Please take enteric coated baby aspirin every day
- Take Tylenol for pain. If the pain is severe please take the narcotic given to you

### DRESSING:

- Please remove the dressing the next day if there is one. If there is slight drainage from the wound you can cover it using sterile 4 x 4 gauze.

### SPECIAL INSTRUCTIONS:

- Please make appointment in two weeks for follow up
- If you experience slight swallowing difficulty or hoarse voice that will resolve over time. Rarely that will be a major problem.
- Mild temperature up to 101 is expected after surgery.
- Numbness around the wound is expected.
- You can use electric shaver but not a razor

### CALL IMMEDIATELY::

- If you develop temporary blindness, vision changes, slurry speech, difficulty breathing, expanding swelling, weakness or loss of use of arm or leg on one side of the body. Go to the nearest ER immediately or call 911.

*Note: Your surgery involves use of a prosthetic graft. So please inform you physician if you get dental work, or any invasive procedure, to give you antibiotics to prevent infection.*