



Samer Saiedy MD  
Paul Zemankiewicz DO

Vascular & Endovascular Surgery

MAIN LOCATIONS

[WWW.MDVASCULARSPECIALISTS.COM](http://WWW.MDVASCULARSPECIALISTS.COM)

SATELLITE LOCATIONS

Lutherville Office  
1212 York Rd., Suite B201  
Lutherville, MD 21093  
410.825.4530  
F: 410.825.3787

Woodholme Medical Center  
1838 Greene Tree Rd., Suite 285  
Pikesville, MD 21208  
410.602.0777  
F: 410.602.2966

Bel Air Office  
21 Eastern Ave.  
Bel Air, MD 21014  
410.836.8667  
F: 410.836.8996

Dundalk Office  
7850 Eastern Ave., Balto, MD 21224  
443.376.5036 • F: 410.825.3787

Eldersburg Office  
6190 Georgetown Blvd., Eldersburg, MD 21784  
410.795.5122 • F: 410.602.2966



## POST ANGIOGRAM, STENTING AND ATHERECTOMY INSTRUCTIONS

### ACTIVITY:

- You may resume your normal activities in 24 hours unless instructed otherwise.
- Do not drive for 24 hours
- Do not lift anything above 10 pounds for at least 24 hours.

### DIET:

- Resume your pre procedure diet.

### MEDICATION:

- Resume all pre procedure medications
- You can take Tylenol every 6 hours for pain
- Begin taking Plavix the next day after discharge, if provided. If not provided and you still require a prescription, please call the office in morning.
- Please drink plenty of clear fluids, primarily water, to flush the dye from you.

### DRESSING:

- Please remove the post procedure dressing the next day and you don't need to put anything on the area. Note: If a slight bleeding occurs you can hold pressure over the area for ten minutes and put another dressing on the area.

### SPECIAL INSTRUCTIONS:

- You may shower in 24 hours.
- Bruising and slight swelling are expected around the catheterization site, do not be alarmed.
- Call our office if you have problems or questions.
- Apply pressure to with your hand if slight bleeding occurs (for ten minutes)
- Call for post op appointment within the next two weeks.

### CALL IMMEDIATELY:

- If one or both of your feet becomes blue, cold, painful or if you begin experiencing extreme swelling.
- If you experience bleeding or increase swelling or a golf ball sized swelling at catheter puncture site. First apply pressure for 20 minutes with your fingers to stop bleeding. If bleeding continues hold the pressure and go to the nearest Emergency Room or call 911.

*Note: Your surgery involves use of a prosthetic graft. So please inform your physician if you get dental work, or any invasive procedure, to give you antibiotics to prevent infection.*