



Post Vein Closure:

Activity:

- You may resume your normal activities
- Begin walking right after the procedure tonight
- Please do not drive for 24 hours
- No running, aerobics, or weight lifting of any kind
- When resting please elevate the leg
- No prolong rest while bandage is on

Medication:

- Resume all pre procedure medications
- You may take Tylenol every 6 hours for pain
- You may take pain medication if prescribed to you

Diet:

- Resume your pre procedure diet

Dressing:

- Please keep an Ace wrap on for 72 hours
- After 72 hours you may remove the ACE wrap and wear compression stocking
- After removing he ACE wrap you can take a shower

Special Instruction:

- Please do not sit in the bath tub or swim for 3 weeks
- Apply pressure to the area with your hand while elevating the leg if slight bleeding occurs (for 10 minutes)
- Please call our office in morning to make an appointment to get ultrasound. You will need an ultrasound in 3 days to make certain you do not have a clot. At that time make appointment to see the surgeon in 2-3 weeks

Call Immediately:

- If one or two feet become blue, cold, painful, or you experience extreme swelling.

www.mdvascularspecialists.com

MAIN LOCATIONS

Lutherville Office

1212 York Rd., Suite B201
Lutherville, MD 21093
410.825.4530
F: 410.825.3787

Woodholme Medical Center

1838 Greene Tree Rd., Suite 285
Pikesville, MD 21208
410.602.0777
F: 410.602.2966

Bel Air Office

21 Eastern Ave.
Bel Air, MD 21014
410.836.8667
F: 410.836.8996

SATELLITE LOCATIONS

Dundalk Office

7850 Eastern Ave.
Balto, MD 21224
443.376.5036
F: 410.825.3787

Eldersburg Office

6190 Georgetown Blvd.
Eldersburg, MD 21784
410.795.5122
F: 410.602.2966

