

POST STENT PLACEMENT PATIENT QUESTION

WHAT IS A STENT AND WILL THE STENT IN MY BODY STAY THERE FOREVER?

A stent is a tiny wire mesh tube. It props open an artery and is left there permanently.

DOES THE STENT EVER CLOSE UP AND NOT WORK ANYMORE?

It can happen. Sometimes plaque or scar-like tissue builds up within the artery. However, to monitor the artery we will do an Ultrasound to look at it at 1 month, 6 months and one year.

WILL I EXPERIENCE A LOT OF PAIN AFTER MY PROCEDURE?

Most patients have very little pain after this procedure. We recommend Tylenol for any discomfort you may have.

WHEN CAN I GO BACK TO DRIVING?

The next day you can go back to driving and doing your normal activities.

WHEN DO I NEED TO FOLLOW UP WITH THE DOCTOR?

You can make an appointment for 2 weeks after your procedure. The doctor will go over the results of the procedure with you.

WHAT CAN I DO TO HELP MYSELF?

- Quit smoking if you are a smoker.
- Be physically active - walk, ride a bicycle, or do other types of moderate physical activity for 30 minutes a day.
- Lower your blood cholesterol levels by eating healthy foods (high in fiber and low in saturated fat, trans fat, and cholesterol).
- If you have diabetes, work with your doctor to keep your blood sugar under control.

MAIN LOCATIONS

1212 York Road, Suite B201 • Lutherville, MD 21093 • 410.825.4530 • Fax 410.825.3787
1811 S. Crain Highway • Glen Burnie, MD 21061 • 443.761.6630 • Fax 410.768.1571
1838 Greene Tree Road, Suite 285 • Pikesville, MD 21208 • 410.602.0777 • Fax 410.602.2966
21 Eastern Avenue • Bel Air, MD 21014 • 410.836.8667 • Fax 410.836.8996
6569 N. Charles Street, Suite 705 • Towson, MD 21204 • 443.761.6620 • Fax 410.296.1793

SATELLITE LOCATIONS

7850 Eastern Avenue • Baltimore, MD 21224 • 443.376.5036 • Fax 410.825.3787
6190 Georgetown Blvd. • Eldersburg, MD 21784 • 410.795.5122 • Fax 410.602.2966
910 Washington Road, Suite D • Westminster, MD 21157 • 410.848.7030 • Fax 410.602.2966
4801 Dorsey Hall Drive, Suite 220 • Ellicott City, MD 21042 • 443.761.6620 • Fax 410.296.1793