

IN-NETWORK PLANS - MARYLAND

Updated October 30, 2025

AARP	Lasso Healthcare MSA
Aetna (may need referral)	Maryland Physicians Care
Aetna Better Health (may need referral)	MHIP (MD Health Ins. Program)
Alterwood Health (Only in MD & DE)	Medical Assistance
Americaid	Medicare
Blue Choice (may need referral)	Medicare - Railroad
BC/BS PPO	Medicare Secondary (United World Life, Bankers Life & Casualty, USAA Life, Mail handlers) Medstar/ Family Choice (may need referral) NO
BC/BS POS (may need referral)	HAGERSTOWN
BC/BS Federal	NCAS
Carefirst BC/BS	PHCS
Carefirst Community Plan (may need referral)	PHN Optimum Choice
Carefirst Medicare Advantage	Prime Health
Cigna (may need referral)	Priority Partners (needs a referral)
Cigna HealthSpring	Provider Partners Health Plan
Communicare Advantage	Tricare
Coventry an Aetna company	Tricare Prime
EHP – Johns Hopkins (may need referral)	Unicare (NO Unicare West Virginia)
Fidelity	United Healthcare (electronic referral or United form only)
GEHA	United Community Plan (electronic referral or United form only)
Humana	Veteran’s Administration (referral needed)
Johns Hopkins USFHP (referral needed)	Wellpoint (formerly Amerigroup-MD)(referral needed)
Johns Hopkins Health Advantage (HMO & PPO)	
Kaiser Flexible Choice (Multiplan)	
KeyCare Advantage (Auth needed for ANY appt)	

In MD we currently do not participate with: JAI, Kaiser, Lifebridge BCBS, Unicare West Virginia

IN-NETWORK PLANS – PENNSYLVANIA

Updated October 30, 2025

AARP	Humana
Aetna	Lasso Healthcare MSA
Ameri-Health Caritas of PA (referral needed)	Mail Handlers
American Continental	Medicare PA
American Pioneer life	Medical Assistance PA
Bankers Life & Casualty	Medicare Railroad
BlueCross Federal - send to local Highmark	Monumental
Capital Blue Cross	Mutual of Omaha
Cigna	New Era Life
Continental Life Insurance	PA Health & Wellness
Devoted Health	Philadelphia Life
Erie Insurance Company	Provider Partners Health Plan
Geisinger/ Geisinger Gold	Rural Carrier Benefit Plan
Guarantee Trust Life	Tricare Standard/Champus
Independence B/C - send to local Highmark	Tricare for Life
Highmark BCBS	Tricare Prime
Highmark Wholecare (formally Gateway)	United American Insurance Company
Health Partners Plans	United Healthcare (may need referral)
Hop Administration	UPMC Health Plans- (Dr. Coll only)
	USAA Life Insurance

In PA we currently do not participate with: Aetna Custom PEBTF, Keystone, South Central Preferred,
United Healthcare Community Plan and Healthy York Network